

## Seminar 9

(S9.1) Prove that the Bernoulli shift is strong mixing.

*Proof.* Let  $(W^{\mathbb{Z}}, \mathcal{B}, \mu, T)$  be the Bernoulli shift, and let  $\mathcal{C}$  be the set of all cylinders. By Proposition 3.2.1, the set  $\mathcal{S} = \mathcal{C} \cup \{\emptyset\}$  is a semialgebra that generates  $\mathcal{B}$ . Applying Proposition 6.0.3.(ii), it is enough to prove that  $\lim_{n \rightarrow \infty} \mu(T^{-n}(A) \cap B) = \mu(A)\mu(B)$  for  $A, B \in \mathcal{C}$ . Let  $A = C_{n_1, \dots, n_t}^{w_{i_1}, \dots, w_{i_t}}$  and  $B = C_{m_1, \dots, m_l}^{w_{j_1}, \dots, w_{j_l}}$  be two cylinders. For all  $n \geq 0$ , we have that  $T^{-n}(A) = C_{n+n_1, \dots, n+n_t}^{w_{i_1}, \dots, w_{i_t}}$ . Let  $N \in \mathbb{N}$  be such that

$$\min\{N + n_1, \dots, N + n_t\} > \max\{m_1, \dots, m_l\}.$$

Then for all  $n \geq N$ , we have that

$$T^{-n}(A) \cap B = C_{m_1, \dots, m_l, n+n_1, \dots, n+n_t}^{w_{j_1}, \dots, w_{j_l}, w_{i_1}, \dots, w_{i_t}},$$

hence for all  $n \geq N$ ,

$$\mu(T^{-n}(A) \cap B) = p_{j_1} \cdot \dots \cdot p_{j_l} \cdot p_{i_1} \cdot \dots \cdot p_{i_t} = \mu(A)\mu(B).$$

Obviously  $\lim_{n \rightarrow \infty} \mu(T^{-n}(A) \cap B) = \mu(A)\mu(B)$ . □

(S9.2) Any syndetic set  $A \subseteq \mathbb{Z}_+$  has positive lower density.

*Proof.* Since  $A$  is syndetic, there exists  $N \geq 1$  such that  $[k, k+N] \cap A \neq \emptyset$  for any  $k \in \mathbb{Z}_+$ . Let  $n \in \mathbb{Z}_+$  be arbitrary and  $q \in \mathbb{Z}_+$ ,  $0 \leq r < N+1$  be such that  $n = q(N+1) + r$ . Then for all  $k = 0, \dots, q-1$ , we have that  $[k(N+1) + 1, (k+1)(N+1)] \subseteq [1, N]$  and  $|A \cap [k(N+1) + 1, (k+1)(N+1)]| \geq 1$ . It follows that for all  $n \geq N+1$  we have that  $q \geq 1$  and

$$\frac{|A \cap [1, n]|}{n} \geq \frac{q}{n} = \frac{q}{q(N+1) + r} \geq \frac{1}{N+1}.$$

As a consequence,

$$d(A) = \liminf_{n \rightarrow \infty} \frac{|A \cap [1, n]|}{n} \geq \frac{1}{N+1} > 0.$$

□

**Definition .** Let  $(X, d)$  be a metric space,  $A \subseteq X$  and  $\varepsilon > 0$ . We say that  $x, y \in A$  are  $\varepsilon$ -**separated** if  $d(x, y) \geq \varepsilon$ .  $A$  is said to be  $\varepsilon$ -**separated** if every two points of  $A$  are  $\varepsilon$ -separated.

**(S9.3)** Let  $(X, d)$  be a metric space and  $A \subseteq X$  be totally bounded with  $|A| \geq 2$ . Define for all  $\varepsilon > 0$ , the set

$$S_\varepsilon = \{m \geq 2 \mid \text{there exist } m \text{ } \varepsilon\text{-separated points in } A\} \quad (\text{E.5})$$

Prove that if  $S_\varepsilon$  is nonempty, then it is bounded from above.

*Proof.* Firstly, let us remark that since there are distinct points  $x, y \in A$ , by taking  $\varepsilon \leq d(x, y)$  we have that  $2 \in S_\varepsilon$ . Let  $\varepsilon > 0$  be such that  $S_\varepsilon \neq \emptyset$ . Consider the following set

$$T = \{n \geq 1 \mid \text{there exists a cover of } A \text{ by } n \text{ } \varepsilon/2\text{-balls}\}.$$

Since  $A$  is totally bounded, we have that  $T \neq \emptyset$ . Hence,  $T$  has a minimum  $\alpha$ . Thus, there are  $x_1, \dots, x_\alpha \in A$  such that  $A = (B_{\varepsilon/2}(x_1) \cap A) \cup \dots \cup (B_{\varepsilon/2}(x_\alpha) \cap A)$ . We shall prove that  $\alpha$  is an upper bound for  $S_\varepsilon$ . For  $m \in S_\varepsilon$ , then there are  $y_1, \dots, y_m \in A$  such that  $d(y_i, y_j) \geq \varepsilon$  for all  $1 \leq i \neq j \leq m$ . If  $m > \alpha$ , then two  $y_i, y_j$  must be in the same  $\varepsilon/2$ -ball, so  $d(y_i, y_j) < \varepsilon/2 + \varepsilon/2 = \varepsilon$ , which is a contradiction.

Thus, we must have  $m \leq \alpha$  for all  $m \in S_\varepsilon$ . □

**(S9.4)** Let  $f \in AP(X)$ . Prove that for any  $\varepsilon > 0$  the set

$$A_\varepsilon := \{n \geq 1 \mid \|U_T^n f - f\|_2 < \varepsilon\} \quad (\text{E.6})$$

is syndetic.

*Proof.* Let  $\varepsilon > 0$ . Since  $\{U_T^n f \mid n \geq 0\}$  is totally bounded, we can find a finite subset  $\{U_T^{n_1} f, U_T^{n_2} f, \dots, U_T^{n_r} f\}$  which is  $\varepsilon$ -separated and which has the maximum cardinality  $r$  of such a subset (see S9.3). Let  $N := \max\{n_1, \dots, n_r\}$ . We shall prove that  $[n, n+N] \cap A_\varepsilon \neq \emptyset$  for all  $n \geq 1$ . We have that for all  $i, j = 1, \dots, r$

$$\|U_T^{n+n_i} f - U_T^{n+n_j} f\| = \|U_T^n (U_T^{n_i} f - U_T^{n_j} f)\| = \|U_T^{n_i} f - U_T^{n_j} f\| \geq \varepsilon.$$

Since the set  $\{f, U_T^{n_1} f, U_T^{n_2} f, \dots, U_T^{n_r} f\}$  has  $r+1$  elements, it cannot be  $\varepsilon$ -separated. Thus, we must have  $\|U_T^{n+n_i} f - f\| < \varepsilon$  for some  $i = 1, \dots, r$ . Hence,  $n + n_i \in A_\varepsilon \cap [n, n + N]$ . □